



Chinmaya Mission Fairfield-New Haven
Invites you to an intensive course on the Atma Bodha

~ Atma Bodha Immersive ~

Vedanta is the science of Inspired Living, when properly understood and applied, is the answer to the problem of human suffering. Atma Bodha is a text by Sri Adi Shankaracharya, in which he describes the path to Self-Knowledge or the awareness of the Atman. It clearly defines the path of wisdom as one which helps us distinguish between the unreal and real leading us to Self-Knowledge and liberation.

The sessions will be conducted by
Brni. Shubhani Chaitanya of Chinmaya Mission, New York.

Please join us every month starting,
Sunday Oct. 21, 2018 from 3:30 PM - 5:30 PM
Discourse followed by discussion

Venue: Chinmaya Saraswati Ashram
393 Derby Avenue, Orange, CT 06477

Subsequent sessions are scheduled for the following dates:
Sunday, Nov 18, 2018 & Sunday Dec 16, 2018

For more details please contact,
Vidya Ganti - (203)-521-6626 or
Mousumi Bhattacharya - mbhattach@yahoo.com
Walk-ins welcome!

**Activities will be provided for children while adults are in the
immersive session.**

