



Chinmaya Mission Fairfield-New Haven
Invites you to an intensive course on the Atma Bodha

~ Atma Bodha Immersive ~

Vedanta is the science of Inspired Living, when properly understood and applied, is the answer to the problem of human suffering. Atma Bodha is a text by Sri Adi Shankaracharya, in which he describes the path to Self-Knowledge or the awareness of the Atman. It clearly defines the path of wisdom as one which helps us distinguish between the unreal and real leading us to Self-Knowledge and liberation.

The sessions will be conducted by
Brni. Shubhani Chaitanya of Chinmaya Mission, New York.

Please join us every month starting,
Sunday, October 20, 2019 from 3:30 PM - 5:30 PM
Discourse followed by discussion

Venue: Chinmaya Saraswati Ashram
393 Derby Avenue, Orange, CT 06477

A series of subsequent sessions are scheduled for the following dates:
November 17 & December 15, 2019

For more details please contact,
Vidya Ganti - (203)-521-6626 or
Mousumi Bhattacharya - mbhattac@yahoo.com
Walk-ins welcome!

**Activities will be provided for children while adults are in the
immersive session.**

